

Differences Between Men and Women

WOMEN	MEN
Seek stability and security	Seek conquest, accomplishments, achievement, respect
Security and stability for herself, her children, and her home drive women.	The “hunter & gatherer” instinct drive men. Their job, hobbies, sports, dating, even the marriage bed can become conquests/achievements.
Her “home” is more than a structure. It is almost an extension of her. Appearance (decoration) of her home is important. Leaving a home can be difficult and requires time to adjust changes.	His “house” is a structure and an investment to maintain and improve. It is also his castle and place to retreat and rejuvenate.
Women are the glue in the home. They keep their finger on the emotional pulse of the home.	Men set the atmosphere and direction. They call their children out of childhood into adulthood.
More personal, emotional, and relationship oriented.	More rational, logical, performance job orientated
Right-brained dominant: She is interested in people and their feelings, and about building relationships. Because talking deepens relationships, she needs regular time to listen and be heard.	Left-brained dominant: He is interested in logical, practical, things to fix. Because he communicates love through providing and sex, he needs appreciation and sex.
Women tend to be interdependent.	Men tend to be independent.
Women communicate to find common ground, to connect by expressing what they think and feel with or without a necessarily desiring a solution.	Men communicate to learn the goal (what needs to be fixed). Men enjoy sharing facts, not feelings or thoughts. They best receive information from one source at a time.
Recreation is for fellowship—talking, sharing thoughts and feelings. Women connect through talking.	Recreation is for performance—completing a task or goal, sports or building a barn. Men connect by doing things together.
Feelings run deep. More feeling oriented. May seem sentimental or emotional.	Feelings buried deep. More action oriented. May seem impersonal or uncaring.
Nurturer	Provider/ Protector
Can try to get worth from marriage, husband, family, and home.	Can try to get worth (respect) from job and accomplishments.
Women are more open to spiritual things (relational).	Men’s are more open to objective Scriptural truth (factual).
Women go to church to be close to God, people, and to build relationships	Men go to church to get something.

WOMEN	MEN
In Relational Struggles	In Relational Struggles
Women handle problems by talking it out. She is not seeking logic or reason but understanding and encouragement.	Men handle problems by fixing it. They retreat to think and plan. Feelings of inadequacy may lead to passivity. He too needs encouragement.
Women express hostility verbally.	Men may express hostility physically.
Women are motivated and empowered	Men are motivated and empowered
Women want to feel cherished., “to be held dear, feel or shown love.” She needs to feel valued, appreciated and desired.	Men want to feel needed and feel significant. He needs praise, admiration, and sex.
Common Mistakes in Marriage	Common Mistakes in Marriage
Women try to change their husband. It comes from the nurturing instinct, seeing an area for growth, wanting to nurture and improve him as well as needing security and identity from him.	Men don’t take time to listen. It comes from listening for the problem and facts and not wanting to understand emotions as well as wanting to give advice.
Approach to Sex	Approach to Sex
If everything is okay, we can have sex.	If we have sex, everything will be okay
Women are stimulated by words, by being cherished through touch and smell within the context of a relationship. Needs hours of mental and emotional preparation (crockpot). Harsh or cool treatment can remove her desire for sexual intimacy.	Men are stimulated by sight and touch in any context. He needs little or no preparation (microwave). Sexual intimacy is okay just about anytime.
Sex is based on the right feelings. Sexual intimacy is an expression of her total being, a complete giving of herself.	He can separate his feelings from sex. Sexual intimacy can be simply for sexual fulfillment.
Better instinctual understanding of how to express love.	Stronger sexual drive, but not as strong a need for relationship. Less instinctual understanding of how to express love.
The setting and mood are more important to her. Where are the kids? Sensitive to hygiene issues.	For him, here and now is always better than later regardless of the atmosphere.
Closeness, gentle touch, sharing emotional oneness, and reaching an orgasm brings satisfaction.	Satisfaction is found most often in reaching climax, in the closeness, and in feeling desired.
Affairs	Affairs
She is vulnerable to an affair when she is not listened to or when not being cherished.	He is vulnerable to an affair when he is not being appreciated, when bored, or experiencing low self-esteem.