

## All Your Sins are Forgiven

*So if the Son makes you free, you will be free indeed. John 8:36*

### 1. Locate which type of guilt you are suffering from:

- True guilt: I did do something wrong.
  - Willful sin: Sin in your life that you have not renounced.
  - Hidden sin: Past sin(s) that torment you.
- False guilt: I feel like I did something wrong.
  - Guilt based anxiety (fear of punishment)
  - Fear-based anxiety (fear of abandonment-rejection)

### 2. Forgiveness After the Cross

- **Col 2:13-14** When you were dead in your transgressions and uncircumcision of your flesh, He made you alive together with Him, having forgiven us all our transgressions, having canceled out the certificate of debt consisting of decrees against us, which was hostile to us; and He has taken it out of the way, having nailed it to the cross.
- **Ps 103:12** As far as the east is from the west. So far has He removed our transgressions from us.
- **Is 38:17b** For you have cast ALL my sins behind Your back.
- **Jer 31:34** "I will forgive their iniquities and their sins. I will remember no more." (Heb 10:17)
- **Eph 1:7** In him, we have redemption through His blood, the forgiveness of our trespasses.
- **1 Pet 2:24** He Himself bore our sins in His body on the cross
- **1 John 1:7** the blood of Jesus, His Son, cleanses us from ALL sin.
- **1 John 3:5** You know that He appeared in order to take away sins.
- **Eph 4:32** ...forgiving each other, just as God in Christ also has forgiven you.
- **Col 3:13** ...and forgiving each other... just as the Lord forgave you, so also should you [forgive].

### 3. Forgiveness Before the Cross

- Matt 6:14-15 (The Lord's Prayer) "For if you forgive others for their transgressions, your heavenly Father will also forgive you. But if you do not forgive others, then your Father will not forgive your transgressions."
  - Both Luke 6:37 (The Beatitudes) and Matthew 18:34-35 (Jesus Parable on Forgiving) essentially say the same thing.
  - Jesus was a man under the law, which was conditional, speaking to men under the law.
  - Much of Jesus' teaching fulfilled the purpose of the law, which was to lead us to the knowledge that we need to be born again. (Galatians 3:24)
  - The believer is inaugurated into the New Covenant through the blood of Christ.
- Matt 12:30-32 (See Unpardonable Sin Handout)
- 1 John 5:16-17 (See Sin unto Death Handout)

#### 4. Accept and Receive God's Forgiveness as a Gift

- Acts 10:43 Of Him [Jesus] all the prophets bear witness that through His name, everyone who believes in Him receives forgiveness of sins.
- Rom. 5:1 Therefore, having been justified by faith, we have peace with God through our Lord Jesus
- Rom. 8:1 Therefore, there is now no condemnation for those who are in Christ Jesus.
- 1 John 4:18 There is no fear in love, but perfect love casts out fear, because fear involves punishment, and the one who fears is not perfected in love.
- Are you trying to punish yourself for sins or for failing your own standards by:
  - not receiving God's forgiveness?  God's love?

#### 5. Accept and Receive God's View of Your Worth

Christ paid for all of your sins. The sacrificial blood of Christ satisfied the wrath of God once for all sins. Therefore, there is no basis for continued guilt or shame. God has no remembrance or record of your sins. Accept by faith that the shed blood of Jesus Christ was sufficient to pay for all your sins, shortcomings, and failings. You no longer need to punish yourself!

- Rom 15:7 Accept one another [yourself too], just as Christ also accepted us to the glory of God.
- 1 Cor 6:17 The one who joins himself to the Lord is one spirit with Him.
- 1 Cor 3:16 You are the temple of God, and the Spirit of God dwells in you.
- Eph 2:10 We are God's workmanship created in Christ Jesus for good works.

#### 6. Prayer

Father God,

- I receive and accept Your forgiveness for ALL my sins, shortcomings, and failings.
- I agree with Your Word that I am made righteous and blameless in Your sight through the blood of Christ Jesus.
- Holy Spirit, renew my mind in God's truth.
- I surrender the right to punish myself.
- Jesus, Thank You for taking all my guilt and shame unto Yourself. Exchange them for Your peace.
- Thank You that Your abounding grace destroys every lying fortress, every speculation, and every lofty thought that doesn't agree that I have never-ending unconditional forgiveness.
- In the name of Jesus, amen!

#### 7. Continue to walk by faith

- 2 Cor 5:7 for we walk by faith, not by sight—(senses and feelings)
- By faith, continue to resist feelings of guilt or shame by confessing God has forgiven me.

#### 8. Understanding Satan's Accusations

- The voice you hear in your head may be the former manner of thinking. (Eph 4:22)
- The voice you hear in your head may be the enemy if:
  - It speaks in first-person pronouns (I, me) and produces condemnation, guilt, or shame.
  - It sounds just like your voice but produces condemnation.
- 2 Cor 10:5 We are destroying speculations, and every lofty thing raised up against the knowledge of God, and we are taking every thought captive to the obedience of Christ.
  - See Renewing Your Mind Handout