

Forgiveness and Reconciliation in Marriage

James 5:16

Confess your sins to one another,
and pray for one another,
so that you may be healed.
The effective prayer of a righteous man
can affect much.

1. Have each spouse go through the "Forgive Others" ministry.
2. Face one another and take turns confessing your sins to your spouse. Ask your spouse for forgiveness using the prayer below.

(Spouse's name) please forgive me for: (list below)

I confess that I have been expecting you to meet my needs instead of relying on Christ as the source of my life. In doing so, I have hurt you. There is no excuse for my behavior. Will you forgive me for all the hurtful things I did? (spouse responds)

3. Pray for One Another

Lord, I ask that You heal our marriage and knit our hearts together in love and oneness by Your Spirit. I give you permission to conform me into the image of Christ and live in and through me to love and serve (spouse's name). Lord, I choose to bless (spouse's name) in a meaningful way. Amen