

The Exchanges of the Exchanged Life

But they that wait upon the Lord shall exchange their strength;
they shall mount up with wings as eagles; they shall run,
and not be weary; and they shall walk, and not faint. Isaiah 40:31

You now stand in the realm of grace, embraced by the warmth of divine love and acceptance. This profound exchange has transformed the essence of your being, inviting you into a relationship of intimacy and trust with Father God. **You are no longer a servant. You are a son.** In this newfound closeness, you are empowered to live a life of purpose, guided by the wisdom and compassion that flows from your union with Christ. Every moment becomes an opportunity to receive His love and share it with the world.

1. We exchanged our sin and unrighteousness for Christ's righteousness.
 - a. 2 Corinthians 5:21
2. We exchanged the wrath of God for His acceptance and peace.
 - a. Romans 5:1; Ephesians 1:6
3. We exchanged condemnation to hell for a heavenly home with the Father.
 - a. Ephesians 2:6, 9
4. We exchanged death for life.
 - a. Galatians 2:20; Romans 7:24-25
5. We exchanged the old man for a new man.
 - a. 2 Corinthians 5:17; Romans 6:6-8
6. We exchanged living under the law for being under grace.
 - a. Romans 6:14, 7:6
7. We exchanged our weakness for His strength.
 - a. 2 Corinthians 12:9-10
8. We exchanged our impurity for His purity.
 - a. Hebrews 10:21-22
9. We exchanged mortality for eternal life.
 - a. Ephesians 1:4
10. We exchanged our fleshly strength for God's strength.
 - a. Isaiah 40:31
11. Christ exchanged His spiritual body for a natural body, which He still has today. In exchange, He received a spiritual body—you. The spirits of all believers make up the spiritual body of Christ.
 - a. We are now the spiritual body of Christ.
 - b. John 20:25-28; Romans 12:5; 1 Corinthians 6:15